

Birth Plan

We encourage you to write down your wishes and desires for the birth and to discuss these with your physician. Use additional sheets, if necessary.

Your support people:

Your preferences about pain control:

Medical interventions during labour:

Second stage and delivery:

Most important issues:

Concerns or fears:

Infant feeding:

Newborn procedures:

The Birth Plan has been reviewed and discussed with me.

Patient's signature: _____

Health care provider's signature: _____